



**Annual General Report
2024**

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Mission Statement:

Ann Davis Transition Society provides education, prevention, and support services to those affected by abuse or violence.

Vision Statement:

Communities are free of violence and abuse.

Values:

Accountability:

We hold ourselves responsible to our community to ensure the mission and purposes of the society are met while maintaining our financial stability.

Commitment:

We are committed to assisting individuals who aspire to live free from abuse.

Diversity:

We celebrate and honor the difference within our community.

Integrity:

We acknowledge integrity as the foundation of truth while maintaining the highest standards of ethical standards to ensure quality of service to our clients and community.

Respect:

Our respect for every individual includes encouraging the exploration of personal values. In our caring community, we empower people to make sound, educated decisions.

Support:

We provide a compassionate and safe environment in which individuals are supported.

Generosity:

In all decision making we err on the side of generosity.

Note From the Board President – Melanie Green

As the President of the Ann Davis Transition Society, I am honored to work with the Leadership Team and our Board of Directors. Together we are committed to helping people who aspire to live free from abuse – And we could not have done it without your help.

Our work at Ann Davis Transition Society has allowed us to attract strong, independent, intelligent, and diverse women to our Board. I would like to formally thank our Vice President Brenda Law and our Treasurer Christina Forcier who are committed and engaged with the society every week. I would also like to recognize our Past President Carol Lees and our Directors Jessica Steiner, Jessica Lackey, and Naomi Pisio who give their valuable time to ensure the Ann Davis Transition Society operates at its highest level.

In the past year, we have evolved as a Society. The strength, trust, honesty, and commitment our staff has shown is a testament to what we can achieve when we work together for a common goal.

I extend my deepest gratitude to our dedicated Leadership Team under the guidance of our Acting Executive Director Courtney Ukrainetz for their unwavering commitment and exceptional contributions to our organization. Your thoughtful interactions, respectful demeanor, and shared vision have driven our mission forward.

I also want to acknowledge our entire staff who have worked tirelessly day and night for the betterment of our community. Not only do you show up for your role and responsibility, but you also give of your time, volunteering at events like Coldest Night of the Year or attending fundraisers like our Drive-Thru Breakfast. We could not do it without YOU. You are making a difference at Ann Davis Transition Society. You are how we can provide shelter at our transition houses, education, legal advocacy, outreach, prevention, and support services for those affected by abuse or violence. On behalf of the Board of Directors, your support and commitment mean the world to us.

Once more, I extend my gratitude for your presence, your hard work, and your contributions to the Ann Davis Transition Society.



Melanie Green

President of the Board of Ann Davis Transition Society

Note From the Acting Executive Director

I am pleased to present the 2023-2024 Annual Report, reflecting our collaboration with local community organizations dedicated to ending violence against women, children, and youth that impacts the family unit as a whole in British Columbia. Over the past year, our collective efforts have demonstrated the profound impact of our united voices and actions, including the launch of a new housing project, enhanced staff training, and the expansion of our teams. Ann Davis Transition Society has undergone its own transition this year including a change in leadership, updated policies and procedures, and building more capacity into our teams by strengthening our hiring practices. At the end of the fiscal year 2024, we worked together with the board to build in better business continuity procedures and identified workplace culture, as well as reward and recognition as two opportunities for growth for ADTS to focus on in the upcoming year.

As the Acting Executive Director since March 2024, I have limited reflection to share, but it was very apparent when I joined the ADTS team in February 2024 that our organization was well known and greatly respected in our community. It didn't take me long to attribute this positive reputation to the dedicated and compassionate staff that work diligently to serve the community of Chilliwack's most vulnerable populations. As a fresh face on the ADTS leadership team, I had the opportunity to build new relationships with key stakeholders, including representatives from BC Housing, Fraser Health, BCSTH, BC Public Safety and other local and provincial community organizations like ours to navigate these difficult times collaboratively.

Throughout the year, we have witnessed an increasing demand for support within our community. Our administration office processed 984 referrals to ADTS programs alone. As the cost of living continues to rise, the lack of adequately funded programs has further strained our resources. This fiscal year, our Women's Centre and Transition House facilities recorded a total of 10,164 bed stays. Additionally, our Outreach Centre saw a remarkable surge in walk-ins, growing from 3,792 in 2022 to 11,028 in 2023, and reaching 16,870 in 2024 - a staggering 52.97% increase in just one year.

I am also pleased to report that our new housing development project is advancing through the development phases. Scheduled for demolition this fall, the team is currently engaged in the deconstruction phase. This project is the only one in Canada that has been selected for the Living Building challenge, a sustainable and eco-conscious approach to design and building.

Even in times of transition within our own organization, the ADTS team continued to display unwavering generosity, kindness, and compassion consistently to meet the needs of our clients and one another. Our organization has been honored to receive the "Every Door Is the Right Door" award, recognizing our compassion, respect, kindness, cultural appropriateness of services, flexibility to meet clients where they are at, empathy, and willingness to educate the community. The program, in partnership with the Chilliwack Child and Youth committee, ensures that children, youth, and their families receive timely support, regardless of which agency they initially approach.

Leading this integral community organization has been unexpected, but the people and purpose of ADTS have made the challenge worthwhile. Our clients, stakeholders, collaborators, and staff continue to recommend and trust ADTS with referrals of their loved ones or shared clients from our community. We extend our gratitude to our staff, board members, volunteers, partners, sponsors, and the generous community that sustains our vital work for the most vulnerable among us. Our community would not be the same without all of you supporting the much-needed work of Ann Davis Transition Society - thank you for allowing us to walk alongside our clients as we support our community 24 hours per day, 7 days per week, 365 days per year.

Sincerely,



Courtney Ukrainetz

Board Members 2024

Melanie Green – Board President

Born and raised in Chilliwack Melanie studied Theatre & Communications at the University of the Fraser Valley before taking her mother's advice: "Find something you're good at, that you love to do and then figure out a way to get paid for it...and it's got to be legal." Radio it was



Melanie recently celebrated her 25th anniversary with ROGERS Sports & Media where she is currently a sales Manager. Locally, RSM is the parent company for STAR 98.3. With over 35 years in the media, her well-rounded career from On-air Announcer to Operation Manager has given her the unique ability to see the business from every angle. She has a passion for people, motivating and leading teams, and growing clients, relationships, and revenue.

In her personal life, Melanie loves to curl, volunteer and to travel. Her and her husband Greg, have scratched off 29 countries on their travel map. Married for over 30yrs, they have 3 adult children and recently moved back to Chilliwack in October of 2020 with their 2 dogs.

Melanie sits on several non-profit boards. At present she is the President of the Ann Davis Transition Society in Chilliwack. She is immensely proud of the incredible work they do within our community providing education, prevention, and support services for those affected by abuse or violence.

Carol Lees – Past President

Carol's career has been in the field of Education, first as a teacher for 15 years, then as a school administrator for another 23 years, and finally focusing on Seniors as the Coordinator for Elder College Chilliwack prior to retiring.



Carol earned a BA and an M. Ed during her working years and brings an educational lens to her role as an Ann Davis board member. Carol has been a resident of Chilliwack for most of her adult life and is proud and honored to be able to give back to her favorite city through her association with the Ann Davis Transition Society.

Brenda Law – Vice President

Brenda has lived in Chilliwack with her husband for the past 25 years. They raised two boys, who are now young men carving out their own path. During their youth, Brenda was involved in their schools and outside activities by volunteering on different committees like PAC, DPAC, Minor Hockey, and football.



For the past 12 years, Brenda has been working as a Human Resource Manager for a local company. In that role, Brenda deals with and develops relationships with many diverse types of people, from peers, staff, employees, outside stakeholders and liaisons with different governing agencies. Brenda finds this role engaging, rewarding, and challenging, she finds joy in seeing people develop and grow to their full potential either professionally or personally.

Outside of her professional career, Brenda likes to spend time with family & friends, reading a good book in her favorite spot with a good cup of coffee.

Brenda is honored to be part of the Ann Davis Transition Society; from an early age, Brenda saw her mother advocate for those who may not be able to do so for themselves. She wishes to honor her mother's memory and lead by the example she set.



Christina Forcier – Board Treasurer

Christina grew up in Chilliwack and spent time in Victoria and Abbotsford before moving back to Chilliwack in 2017, where she resides with her husband and two young sons.

After completing her Bachelor of Business Administration degree from the University of the Fraser Valley (UFV) in 2012, she has worked at UFV in several roles starting in human resources. She has been the Operations Manager in the Office of the President since 2019. In this role, she is responsible for leading and supporting institutional initiatives and working to ensure they align with UFV's core values of integrity, inclusivity, community, and excellence.

Christina is passionate about her community and considers herself fortunate to call Chilliwack home. She has been volunteering with Bowls of Hope since early 2021 and is honored and excited to join the Ann Davis Transition Society board.

Jessica Lackey – Board Member



Jessica was born and raised in Chilliwack, BC. She is a mom to two young children, a girl, and a boy. In her spare time, she enjoys travelling and camping with her family. Jessica has worked in the financial industry for 9 years, supporting many local families in accomplishing their financial goals and dreams. Jessica is extremely passionate about supporting her local community and has volunteered at many different charity events over the years.

She attended UFV, working towards a degree in Criminology, with a goal to work with the less fortunate and help them make a better life for themselves. After she had her daughter, her career focus shifted to the Financial Industry. Jessica, though, has never lost the desire to help others.

Jessica has watched Ann Davis's amazing work over the years for the women and children of our community who need her support. She is thrilled to be given the opportunity to sit on the board and be a part of the Ann Davis Society's amazing work.

Jessica Steiner - Board Member



Jessica Steiner has been working in the family law field in the Abbotsford and Chilliwack area since 2006. Throughout her career, she has focused on legal aid work, taking on clients who suffer from poverty, addiction, mental health concerns, and those who are or have been engaged in abusive relationships.

Today, she runs a successful sole family law and mediation practice in Chilliwack. Long before joining the Board, Jessica was a passionate evangelist for the work that the Ann Davis Transition Society does, as it offers services vital to many of her clients. She brings to the Board her experience of clients who are going through the worst times in their lives and a passion for the work that Ann Davis does in her community.

Jessica is happy to be volunteering for the Ann Davis Transition Society because it supports vulnerable members of our community. Her clients have utilized their services throughout her career, and she feels privileged to be able to give back to ADTS directly.

Naomi Pizio - Board Member

Naomi Pizio is an accomplished and dynamic professional with extensive experience in the banking industry.



Throughout her career, Naomi has consistently demonstrated exceptional leadership skills and a keen understanding of the financial landscape. As a Senior Branch Manager at one of the largest Scotiabank branches in the BC & Yukon region, she has successfully managed teams and guided clients in achieving their financial goals.

Her expertise lies in developing innovative strategies, fostering strong relationships in the community, and delivering outstanding customer service. With a strong belief in diversity and inclusion, Naomi uses her voice to advocate for minority groups.

Understanding the unique challenges that women face in the industry, Naomi is committed to providing mentorship, support, and networking opportunities for female professionals. Naomi is a strong advocate and cheerleader of the Scotiabank Women's Initiative, which aims to empower women by breaking down barriers to increase their economic and professional opportunities. Her passion for making a positive impact has earned her recognition and respect among her peers and community.

To contact our board, please email board@anndavis.org

History of Ann Davis Transition Society

Early in 1979, several members of the Chilliwack community met to discuss the need for a shelter for the victims of family violence. At that time there was no place for a police officer, a social worker, or a community services worker to take a woman who had been beaten. The only transition houses available to the community agencies were in Vernon, Langley and North Vancouver.

The concerned community members formed the Emergency Shelter Committee. The Emergency Shelter was operated until August of 1981 with a budget of under \$1000. They met in private homes and began to look at practical ways that they could help. At their first official meeting on October 29, 1979, someone volunteered to house two women and their children for three to four days. Members took responsibility for helping women obtain medical treatment, deal with the police, contact the Ministry of Human Resources, and locate housing.

On April 16, 1980, the name Upper Fraser Valley Transition Society, (UFVTS) was submitted as a name along with two others. On August 29, 1980, the job description for the Shelter Supervisor was developed. September 17, 1980, The Emergency Shelter The committee now became the Upper Fraser Valley Transition Society. Helen Girouard accepted the position of Shelter Supervisor.

The first Board of Directors was established, Cheryl Dahl, Julie McWhirter, Mary Lou MacKay, Frances Boechler, and Beverly Julian. On December 16, 1980, The Upper Fraser Valley Transition Society was incorporated. Chilliwack Community Services acted as fiscal agents in applying for, administering government funds, and receiving donations before the Society became registered as a separate Society. August 1981 thanks to a Ministry of Human Resources grant, the society was able to hire three staff members.

Below are the names of the Executive Directors that span over 40 years:

- **1981-82: Elaine Mussell, Administrator**
- **1982-83: Elaine Mussell, Administrator**
- **1983-84: Elaine Mussell, Executive Director**
- **1984-85: Jane Parlee, Executive Director**
- **1985-86: Jeannie Carfrae Executive Director**
- **1986-87: Valerie Atyeo Executive Director**
- **1987-92: Elinor Goodbrand Executive Director**
- **1992-94: Georgie Jackson Executive Director**
- **1994-95: Velma Ens Acting Executive Director**
- **1995-2013: Bobbi Jacob, Executive Director**
- **2013-2024: Patti MacAhonic, Executive Director**
- **2024-Current: Courtney Ukrainetz, Acting Executive Director**

It was now time to find a name for the house that would provide shelter for so many women and children. Jean Scott, a new member of the UFVTS, did some research and discovered that a local woman named Ann Davis had helped provide shelter for battered women and their children since her arrival in Chilliwack in the 1920's. Jean found out that Ann Davis was still alive, living in a Chilliwack nursing home. She discovered a tiny woman, who was completely blind, but with her mind and spirit as sharp as it had ever been. She visited her several times and heard many stories of how she had helped people in Chilliwack.

Starting in the 1920's, Ann Davis organized food hampers for the needy. Her husband picked up fruits and vegetables along the roadways which local farmers left for them. Over the years, she canned thousands of jars of fruit and vegetables to distribute to the needy. Her stepdaughter remembers her canning into the early hours of the morning to ensure that no food would go to waste. Ann also recruited many Chilliwack women to go door to door, pulling wagons to collect blankets for the needy. She also gave temporary shelter to battered women and organized many other women to do the same. In 1957 Ann Davis was named "Woman of the Year" and she holds the honor of being the first woman recognized in Chilliwack. In January 2001, the Upper Fraser Valley Transition Society changed their name to the Ann Davis Transition Society. As we grew there was a need to open an administration office. We settled into five locations over the years ending up at the current location on Young Road.

- **1998 First administration office located on Young Road/Princess Ave above some shops were named Aurora Services. Then the name changed when we became Ann Davis Transition Society.**
- **1999 to 2003 Hocking location administration office**
- **2003 to 2005 Airport Road location administration office**
- **2005 to 2010: Administration location Williams Street**
- **2010 to present: Administration location 9046 Young Road location.**
- **2014 Ann's Treasures and Thrift Shoppe opened**
- **2018 December to September 2019 Women's Centre Low Barrier House, Patti MacAhonic opened a temporary location on the South side of Chilliwack.**
- **2019 to present, Women' Centre moved into their permanent site North side of Chilliwack.**
- **2019 the Director of Housing position was developed, and Shelley Bolan moved from being the Manager of the Transition House to this position. Both houses then had Coordinators. Shelley Bolan has been with Ann Davis since 1995 when there was only the Transition House.**

Awards

- **2024:** Every Door is the Right Door Partnership Award
- **2022:** Program Shelter Executive of the Year - Purple Ribbon Award to Patti MacAhonic
- **2022:** Outstanding Documentary or Film “Walk Through That Door” Purple Ribbon Award
- **2022:** Non-Profit of the Year Chilliwack Business Excellence Awards
- **2021:** Outstanding Support Award Chilliwack Chamber of Commerce
- **2021:** Nominated for Cultural Diversity Award, Marketing
- **2021:** Chilliwack-Hope Community Heroes Award
- **2020:** Nominated Inclusive Environment Fraser Valley Cultural Diversity Award
- **2020:** Favorite Local Cause
- **2020:** Community Hero Award – Awarded to Patti MacAhonic
- **2020:** Chilliwack Chamber Outstanding Support Award
- **2019:** Favorite Local Cause
- **2019:** Every Door is the Right Door Partnership Award
- **2018-2019:** Partnership Acknowledgment Chilliwack Healthier Community
- **2018:** CYC Recognizes ADTS – Community Partnership Award
- **2014:** United Way - Community Partner of the Year Spirit Award
- **2014:** Provincial Ministry of Justice Community Safety & Crime Prevention Award
- **2014:** Chamber of Commerce - Non-Profit Service Award
- **2014 & 2019:** CYC Every Door is the Right Door Partnership Award
- **2013:** CYC Recognizes ADTS – Community Partnership Award
- **2013:** Community Partner Award – United Way
- **2013 to 2019:** Nominated Not for Profit Service Award Chilliwack Business Excellence Awards

Committees

- Violence against Women in Relationships (VAWIR)
- 2008 to present: Purple Light Night Committee
- Child & Youth Committee (CYC)
- Chilliwack Healthier Community (CHC)
- Child Youth Health Centre Steering Committee
- Sexual Exploitation Against Children and Youth Committee (SEACAT)
- Social Work and Human Services advisory – UFV
- Housing First Task Team
- Community Advisory – City of Chilliwack
- Coordinated Access Committee – City of Chilliwack
- ICAT Committee – Integrated Case Assessment Team for high-risk cases
- Opioid Crisis Task Team
- CIRT – Community Integration and Coordination Program
- Primary Care Team

ADTS Administration Report

Logged Contact with ADTS

Our administration team at Ann Davis Transition Society effectively manages incoming calls, emails, and walk-ins, carefully directing them to the appropriate programs. Each call is assessed internally to ensure it is referred to as the service best suited to address the caller's needs, whether it be counseling, shelter, or other community resources. This streamlined process enhances operational efficiency and ensures that individuals receive the specific support they require, demonstrating our commitment to delivering exceptional care and resources. The below numbers represent the number of new client referrals received through the fiscal year of April 1st, 2023 – March 31st, 2024.

| | |
|--------------------------------------------|------------|
| Counselling – Youth | 51 |
| Counselling – Children | 71 |
| Counselling – Stopping the Violence | 206 |
| Counselling – Men | 58 |
| Counselling – Couples | 25 |
| Counselling – Emergency | 48 |
| Counselling – Group | 95 |
| Counselling – Family | 12 |
| Counselling – SMSRC | 14 |
| Legal Advocate | 94 |
| Transition House / Women’s Centre | 105 |
| Outreach | 96 |
| Resource | 74 |
| Bursary | 25 |
| Donation | 10 |

Grocery Support Program

Logged Gift Card Support with ADTS

From April 1st, 2023, to March 31st, 2024, we provided a substantial number of grocery cards to clients, offering crucial support for obtaining essential food and household items. Unfortunately, due to a loss of funding, this program ended in December 2023. Despite its conclusion, the program significantly impacted our community by enhancing access to necessary resources. The experiences and feedback gathered from this initiative will continue to inform and improve our future support efforts. The below numbers represent the number of gift cards given out to those in need from the fiscal year of April 1st, 2023 – March 31st, 2024.

| Store | Number of Grocery Cards | Total Value |
|------------------------------|--------------------------------|--------------------|
| FreshCo (\$25.00) | 2,956 | \$73,900 |
| Tim Hortons (\$10.00) | 2,251 | \$22,510 |
| Walmart (\$50.00) | 141 | \$7,050 |
| Superstore (\$50.00) | 409 | \$20,450 |
| Gas Station (\$50.00) | 98 | \$4,900 |

Total value of grocery cards: \$128,810

ADTS Transition House & Women's Centre

Ann Davis Transition House and Women's Centre provides temporary safe shelter and support for adult women and women with children who are at risk for violence and homelessness. The houses are staffed 24 hours a day, pet-friendly, and work on a client-centered model. We offer non-judgmental, confidential support such as referrals to income assistance, legal advocacy, housing information, counseling services, victim services, and any other community services that may assist clients.

We work from a client-centered approach, encouraging independence and supporting clients to reach their goals. Over the last year, both houses saw an increase in crisis calls, and bed stays from the previous year. Some of the trends last year were clients staying longer, an increase in clients coming from other communities/or provinces, more seniors experiencing homelessness, and higher mental health needs with no service in place upon coming into the house. The below numbers represent the number of crisis calls, support calls, and bed stays in our Transition House and Women Centre locations from the fiscal year of April 1st, 2023 – March 31st, 2024.

Transition House

| | |
|----------------------|------------------------------------|
| Crisis Calls | Calls 1,270; Texts 81 |
| Support Calls | 440 |
| Not Sheltered | 235 |
| Bed Stays | Women 1,623; Children 2,530 |

Women's Centre

| | |
|----------------------|------------------------------|
| Crisis Calls | Calls 1,382; Texts 87 |
| Support Calls | 918 |
| Not Sheltered | 488 |
| Bed Stays | Women (19+) 6,011 |

Total Bed Stays: 10,164

Transition House & Women's Centre Testimonials

Transition House Client – October 2023

“When we first arrived at the Ann Davis Transition Society, we were escaping an abusive situation, and the uncertainty of our future was overwhelming. The safety and stability provided by their Transition House offered us not just a roof over our heads, but a secure environment where we could begin to heal and rebuild our lives without the constant stress of their father.

The support from the Ann Davis Transition Society extended well beyond just housing. Their comprehensive services, including counseling, legal advocacy, and community resources, were crucial in helping us navigate this difficult period. This assistance empowered me with the tools and knowledge needed to make informed decisions and take proactive steps toward a better future for my children. The organization's commitment to the well-being of my children was particularly remarkable.

Thanks to the Ann Davis Transition Society, I am now able to envision a brighter future for my family. The skills and confidence gained through their programs have enabled me to pursue long-term goals and secure permanent housing.

The sense of community and understanding found at Ann Davis Transition Society has been comforting. Their dedication to our well-being and the moral support they provided were as crucial as the assistance. I am deeply thankful for the opportunity they have given us and for the positive impact they continue to have on our lives.” – **anonymous client**

Women's Centre Client – January 2024

“Leaving homelessness and finding a place in the housing market felt like an impossible dream until I connected with the Ann Davis Transition Society. Their Women's Centre provided me with a safe and stable environment during a critical period of transition. Beyond just offering shelter, they extended support through application support and clothing items, which helped me regain my footing.

The counseling services offered by Ann Davis Transition Society were particularly transformative, helping me address personal challenges and build the confidence needed to move forward. Their comprehensive approach, including assistance with securing a rent subsidy, has made the transition to permanent housing not just a possibility, but a reality.

I am deeply grateful for the support and resources provided by Ann Davis Transition Society. Their dedication to helping individuals like me achieve stability and independence has been truly life-changing.” – **anonymous client**

ADTS Counselling Report

Stopping the Violence

This is for women who want to understand what has happened to them either as children or adults and to change learned patterns of behavior. Ann Davis Services offers counseling for women who have suffered any form of current or past abuse; emotional, physical, verbal, sexual, religious, psychological, financial, or social. We provide a safe environment where any aspect of abuse can be discussed in confidence. Our goal is to help women understand themselves and to gain confidence in making choices.

| | |
|----------------------------------|------------|
| Total Hours of Sessions Attended | 2120 hours |
|----------------------------------|------------|

Children and Youth P.E.A.C.E Counselling

Children (ages 5 – 11) and Youth Counselling (ages 12 – 19) help youth reach goals, feel heard and understood, and traverse life's challenges. Our experienced and compassionate counselors work with teens and parents to facilitate conversations and reduce familial discord. Healthy relationships, constructive communication, and conflict resolution are some of the issues our counselors can help youth navigate.

| | |
|----------------------------------|------------|
| Total Hours of Sessions Attended | 1293 hours |
|----------------------------------|------------|

Men's, Couples & Family

Ann Davis currently offers counselling to men, couples, and families, as well as offering short-term emergency support for clients in crisis. Men's counseling is available for men ages 19 and up and is designed to enable men to build and nurture positive self-esteem for themselves, thereby improving their relationships. Couples and family counseling is offered as a preventive measure to adults over the age of 19. Couples counseling offers both partners a chance to be heard and understood by each other, as well as learning tools to construct a healthier relationship. Families receive therapy for a variety of reasons, including wanting to improve communication, resolve conflict, and gain skills in respectful parenting and partnering.

| | |
|----------------------------------|-----------|
| Total Hours of Sessions Attended | 496 hours |
|----------------------------------|-----------|

Emergency Counselling

Emergency and outreach mental health counseling is meant to support individuals to take ownership of responsibilities regarding various personal and social life issues which they have been neglecting for a long time. Overwhelming feelings from the past are stumbling blocks and come in the way of healthy living. Thus, helping them to process, befriend, and express their feelings is a good starting point to recovery. PTSD can impact individuals to complete dysfunction. Trauma-informed emergency care is aimed to support clients to alleviate PTSD symptoms and bring them into the path of recovery.

| | |
|----------------------------------|-----------|
| Total Hours of Sessions Attended | 603 Hours |
|----------------------------------|-----------|

ADTS Groups

Understanding Abuse

The Understanding Abuse group provides participants with information about the different types of abuse and how they may manifest in relationships. Participants discuss the impacts of abuse and the importance of self-compassion. Participants will also learn how to set and maintain healthy boundaries with partners, family, and friends. Assertiveness training is incorporated into this program to help participants achieve a healthy and balanced life.

Connections

A psycho-educational shame resilience curriculum, designed by Brene Brown and facilitated by Ann Davis Transition Society. Connections is a multifaceted approach, developed to address issues relating to shame and to facilitate the development of shame resilience. The program is ideal for those struggling with self-esteem, love and belonging, authenticity, the development of empathy, connection, power, and the ability to cultivate a resilient spirit.

Women's Self-Management of Anger

This group is about learning how to manage anger through assertive communication, emotional regulation, and relaxation techniques. Participants will learn how to notice and identify their emotional landscape to be better able to cope with overwhelming feelings.

Building Healthy Relationships (BHR)

Based on well-researched principles, these workshops are designed to help couples to communicate and manage conflict more effectively. With the assistance of trained professionals, couples will learn and practice listening, speaking, and conflict-resolution skills in a safe and comfortable environment. The Building Healthy Relationships workshops are unlike any other being offered to the public at this time. Professional counselors trained in Marriage or Family Therapy lead the discussions, while couples are provided with individual facilitators to work directly with the couples in practicing the skills

Men's Self-Management of Anger

The Self-Management of Anger class is all about learning how to take responsibility for managing yourself and your feelings, primarily the feeling of anger. You will learn where your anger comes from and how to identify it before it becomes a problem. The goal is to be able to learn how to channel anger and use it effectively. This course focuses on anger in relationships and how to improve those relationships. Those relationships could be with a spouse, a child, a boss or coworker, a friend, or a neighbor.

Men's Insight

The Men's Insight Group is a group of 10 to 12 men who gather weekly in the evening at the Ann Davis Transition Society Administration office to share and discuss matters and issues that affect their daily lives in a confidential setting. The goal is to promote and raise insight of men in their relationships in their families, at their workplaces, and in the community.

Testimonials - Counselling

Group Member 1 – Understanding Abuse

“The group and information were positive and supportive. It was a wonderful opportunity to share our experiences and learn from each other. So many valuable resources were appreciated! Well, done ladies!” – anonymous member, February 22nd, 2024

Group Member 2 – Building Healthy Relationships

“I learned so much and it helped our relationship” – anonymous member, January 30th, 2024

Group Member 3 – Connections

“The group was awesome. I really learned to channel my feelings and use my words more effectively. A great learning experience for me.” – anonymous member, April 22nd, 2023

Group Member 4 – Men’s Self-Management of Anger

“Joining the men's anger management group was a transformative experience for me. The supportive environment and practical strategies helped me understand and control my emotions better, leading to improved relationships and personal growth. I highly recommend it to anyone struggling with anger issues.” – anonymous member, May 30th, 2023

ADTS Outreach Report:

The team at the outreach center provides services to adult women, men, and families through support from internal and external referrals, resources for housing advocacy, food security, and legal and social services. Outreach workers provide local transportation, accompaniments, and advocacy as required for appointments. Client intakes consist of ongoing daily and long-term goals regarding the circumstances the clients are experiencing. The Outreach workers meet clients where they are and always use a client and trauma-centered approach. The Outreach Coordinator represents the agency at many tables such as CIRT, CAAT, CAA, Shop Talk, VAWIR, ICM community tables, and works with other organizations to collaborate services for the community. The outreach team held a Peer Engagement Community Clean-up event, from a grant provided through the CAAT microgrant, where peers were paid honorariums to go out in the community, pick up garbage, and clean up through the downtown core areas. This event also provided Indigenous speakers and drummers who shared their healing journeys and encouraged their peers, a lunch from the Sto:lo Bannock truck was also provided. The event was well received and enjoyed by the participants.

The outreach center also has worked collaboratively with Sto:lo and FNHA to provide foot clinics every 3 months, we have had haircuts provided by a volunteer. Throughout the year the outreach center saw that clients had an increased need for food and housing security, referrals to our women's center and transition house, legal advocacy, and addictions support for both men and women. We supply financial support through the ADTS Prevention & Diversion program, where financial aid is provided to prevent clients from losing their housing, obtaining housing, and avoiding disconnection of utilities, along with the bursary program, grocery/gift card, lunch, and requisition programs, which assist in providing a service to those we work with.

Robbi Leach, Outreach Coordinator

| | |
|--------------------------------|-----------------------|
| Number of Walk-Ins: | 16,870 |
| Food Items Given: | 11,520 |
| Clothing Items Given: | 8,376 |
| Grocery Cards Given: 66 | Value: \$1,650 |
| Tim's Cards Given: 317 | Value: \$3,170 |

Outreach Testimonials

“No matter what day I go to Ann Davis, I am greeted with a smile and kindness. The women there have a way of making us feel loved and valued. They go out of their way to make sure our needs are met. Their love for the community is felt through all.” - Female 34

“Kassidy at Ann Davis is always happy to help when I need it. I struggle with paperwork, and she is willing to help me understand and work through it. When I leave, I feel grateful to be able to work with such kind ladies.” - Male 79

“Since the day I walked through the doors here I have felt loved, valued, and important. I can come just say hi or come for some help with anything that I am working on to better my life and my son’s life. I feel so blessed to have Ann Davis outreach to come to and I am so grateful to God that he has put this agency in my path.” - Female 33

“I am a single parent and there are few services out there for men I do not know why but there is not, and I have 100% custody and care of my son. I have reached out to Ann Davis for help when I have struggled and I am so happy that they have always taken my hand when I have reached out to them, I had some tough times, and they made it so much lighter for me and my son. I am just so happy that they have the outreach office and help anyone who walks through the door. I have sent friends there and they have had great experiences.” - Male 43

ADTS Legal Advocacy Report

At Ann Davis Transition Society, we offer free confidential legal advocacy appointments. We provide the support and information needed to help make informed decisions regarding your legal issues. Information on Basic Family Law Principles and related legislation help you to make informed decisions about your options on:

- Children, Guardianship, and Parenting Arrangements
- Separation and Divorce Division of Property
- Assets and Debt Spousal Support and Child Support
- Income Assistance Issues
- Residential Tenancy Act Disputes
- Accessing On-line Family Law Court Resources and Forms
- Family Protection Orders and Peace Bonds Criminal Law (Information and Access)

Number of Referrals: 327

Number of Sessions Attendance 696

Testimonials

“Mrs. Coumont has amazing knowledge and is very sympathetic in person. This aspect was lost through e-mail. Phone contact would be more personable if working remotely. Perhaps a legal resource page could be set up for frequent questions including links.” – June 2023

“The Ann Davis Transition Society's legal advocacy program was a game-changer for me. Their dedicated team provided invaluable support and expertise, guiding me through complex legal challenges with compassion and efficiency. I felt empowered and well-represented every step of the way.” – November 2023

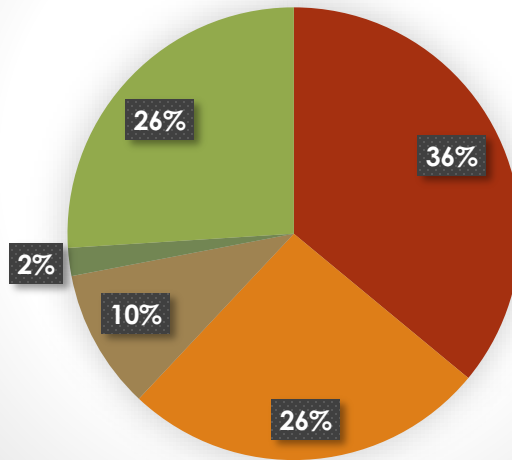
“Thanks to the Ann Davis Transition Society's legal advocacy program, navigating my rental issues became manageable. Their knowledgeable and supportive legal advocate Catherine ensured my rights were upheld. I am deeply grateful for their expert assistance during a challenging time.” – January 2024

“Working with Ann Davis Chilliwack's legal advocacy program to try to advocate for my kids with the Ministry of Child Development was an experience. Catherine provided exceptional guidance and support, helping me navigate complex issues with the Ministry effectively. I felt heard, respected, and well-supported throughout the entire process. Thanks, Catherine!” – February 2024

ADTS Human Resources Report

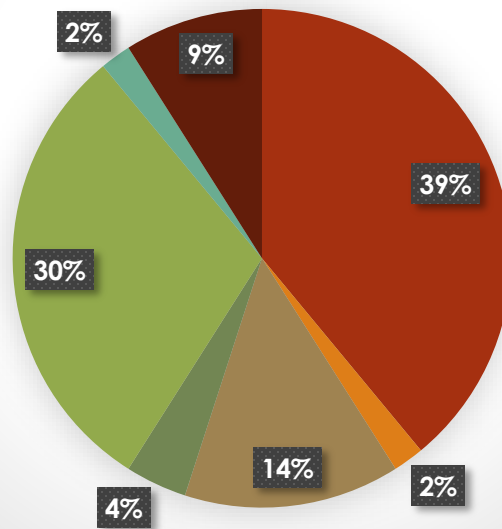
ADTS Workforce Composition 2023

- Womens Centre
- Leadership/Legal/Admin
- Counselling
- Outreach
- Transition House

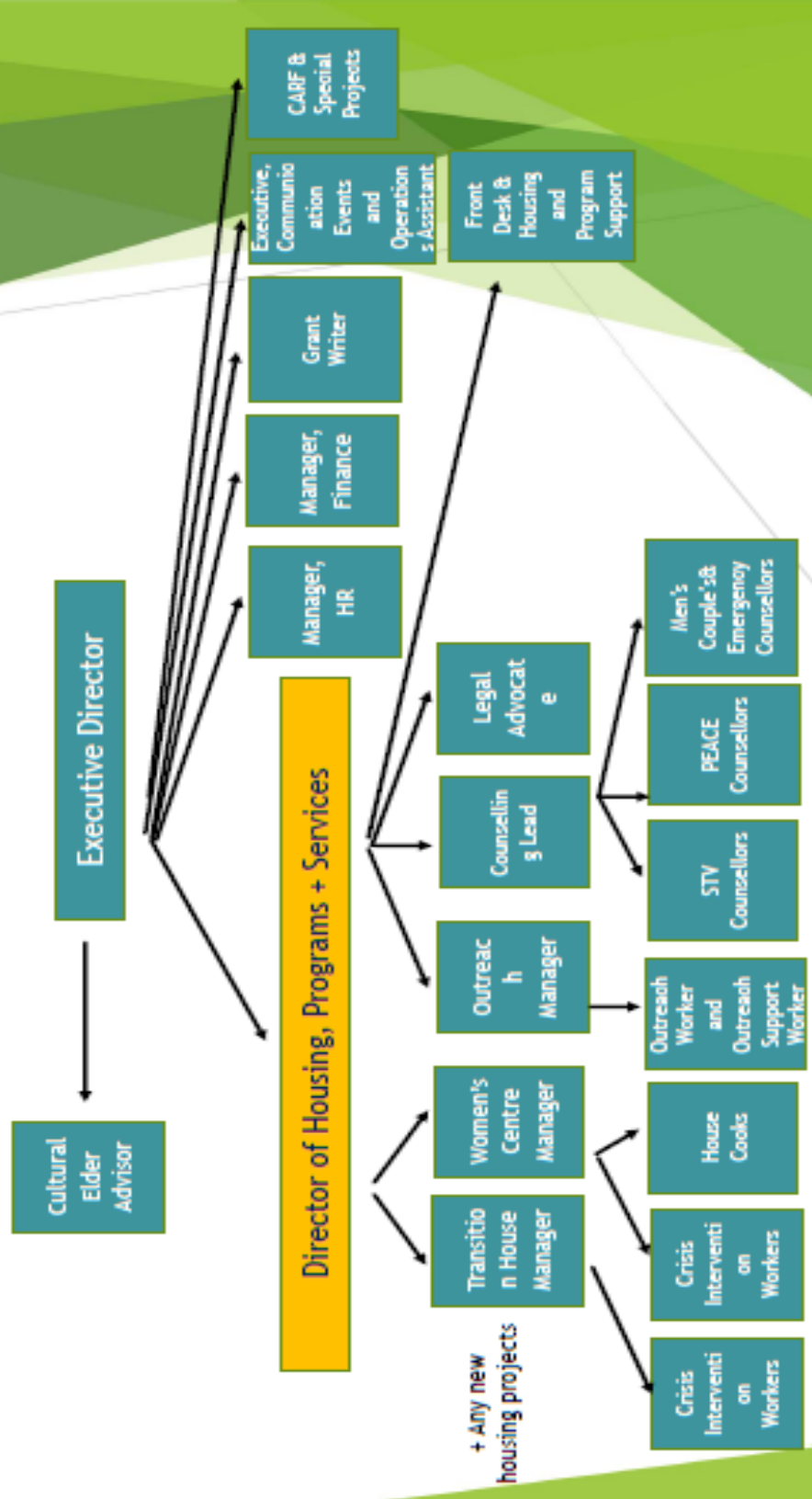


ADTS Workforce Composition 2024

- Womens Centre
- Leadership
- Counselling
- Outreach
- Transition House
- Legal
- Administration



ORGANIZATIONAL STRUCTURE



2024 – 2025 Ongoing Trainings

- Fire Safety/Fire extinguisher Training
- IT Risk and Cybersecurity
- Occupational Health and Safety Awareness
- WHMIS
- Workplace Bullying and Harassment
- Workplace Hazard Identification
- Personal Workplace Safety and Security
- Creating a Respectful Workplace
- Naloxone Training
- First Aid CPR Refresher
- Workplace Ergonomics Training
- Workplace Diversity and Inclusion Training
- Emotional Intelligence
- Telephone-mail and Social Media Etiquette Training
- Mental Health in the Workplace
- Leadership Skills Training
- Foundations in Violence Against Women v2.0
- Increasing Access for Indigenous Women v2.0
- Introduction to Working with Children and Youth Experiencing Violence
- Trauma-Informed Approach
- Suicide Intervention Training
- EMDR Training
- Experiencing Violence
- Supporting Women with Mental Wellness and Substance Use Needs in Safe Homes

New Hire Positions

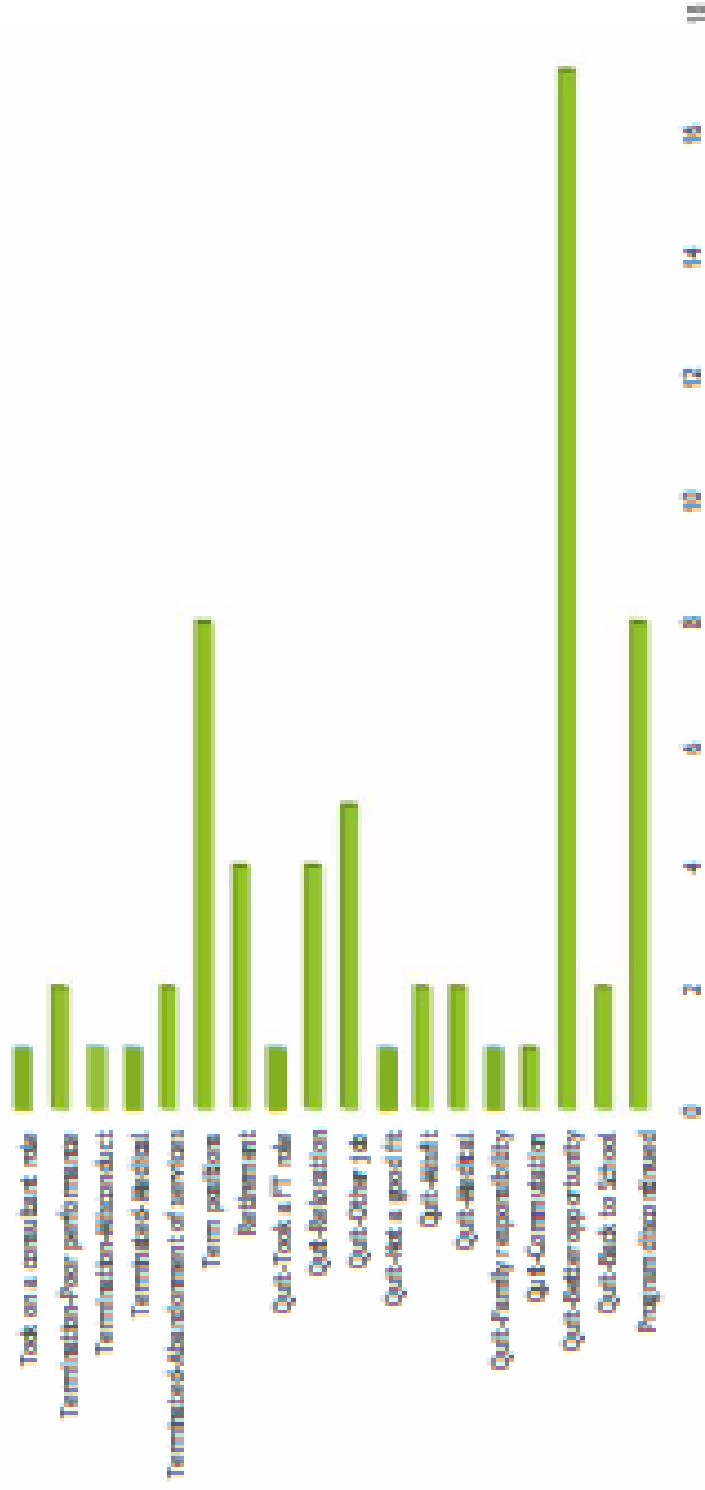
- Director of Housing, Program and Services
- Women's Centre Manager
- Transition House Manager
- Finance Manager
- Stopping the Violence Counsellors
- Grant Writer
- Counselling Lead
- Children's Counsellor
- Crisis Intervention Worker- Casual and Part-time
- Cook for WC-Casual position

Staffing Updates

- Schedule changes for the Housing Programs
- Policy and Procedure changes in Programs post-CARF
- CARF survey at worksites
- Annual Review Cycle July – September
- Local Issues Bargaining 2024 and collective agreement bargaining in 2025

Reason for Termination-ADTs

Reasons for Termination



ADTS Events 2023-2024

The Ann Davis Transition Society (ADTS) takes immense pride in collaborating with community partners to further our mission of supporting individuals affected by violence and promoting safer communities. This year we would like to highlight our esteemed partners, the Chilliwack Youth Health Centre (CYHC) and the University of the Fraser Valley (UFV). These partnerships assist Society to expand our reach and provide comprehensive services to those in need. Working alongside the CYHC, the Ann Davis Transition Society administers and co-facilitates the Building Healthy Relationships program, a group designed to help couples to communicate and manage conflict more effectively. Additionally, ADTS and CYHC have furthered their connection by partnering for an innovative Clinical Supervision program. ADTS' collaboration with UFV allows for bringing together valuable resources, expertise, and a shared commitment to creating positive change in the community.

An avid supporter of ADTS, UFV has sponsored the Coldest Night of the Year, as well as partnered with us on our May 16th symposium of victims and crimes week event, Women's Equity, and a Link to Femicides in BC. UFV and ADTS have been committed to working in partnership on the National Day of Remembrance and Action on Violence Against Women Candlelight Vigil event year after year. Ann Davis Transition Society highly values our local community, business, and media partnerships, which play a crucial role in amplifying our message and raising awareness. These sponsors serve as allies, providing platforms to engage the public in meaningful conversations.

We recognize the invaluable contribution of Rogers Sports Media, 89.5 Country FM, and The Chilliwack Progress and their efforts to create a safer and more inclusive community for all. We are grateful to the Knight Road Legacy Association for their continued support and donations. Our team is immensely grateful for their thoughtfulness and compassion, as their high-quality quilt donations make a meaningful difference in the lives of those we serve.

Through these partnerships, Ann Davis Transition Society continues to make a meaningful impact, fostering a strong network of community support to empower survivors and work towards a violence-free future.

Sincerely,

Ann Davis Transition Society - Team

Red Dress Day – May 5th, 2023

Event Information:

On May 5, 2023, Ann Davis Transition Society participated in Red Dress Day, a powerful observance that honored the memory of women and girls lost to violence. This day served as a poignant reminder of the scale of that loss, bringing communities together in solidarity. The observance originated with Métis artist Jaime Black's REDress Project, which aimed to raise awareness by displaying red dresses in public spaces across Canada and the United States. Through our participation, we sought to amplify the voices of those affected and to foster healing and support within our community.



Women's Equity and the Link to Femicides in BC **Symposium – May 16th, 2023**

Women's Equity and the Link to Femicides in BC Symposium

On May 16th, 2023, in Chilliwack, many came together from across the province for an important event, "Women's Equity and a Link to Femicides in BC." This event was held in partnership with the Ann Davis Society and the University of the Fraser Valley as part of Victims Week and sponsored by the province. May 14th – 20th is "Victims and Survivors of Crime Week" in BC.

The event included powerful speakers such as Kelli Paddon, MLA Chilliwack-Kent, and Parliamentary Secretary for Gender Equity; Gail Jones, IRSSS, BC Program Manager for Missing and Murdered Indigenous Women and Girls (MMIWG); Amy Fitzgerald, Executive Director for BC Society of Transition Houses; and Dr. Amanda McCormick, Associate Professor and Researcher at the University of the Fraser Valley.

Throughout the event, several key messages were highlighted, bringing attention to critical issues and challenges faced in BC:

- The alarming increase of 37% in domestic violence last year in BC.
- The chilling increase of femicides as reported by media and tracked by the National Observatory on Femicides going from 12 in 2021 to 29 in 2022 in BC last year.
- The lack of Federal Government funding for Transition Houses and Women and Children's Shelters across the country.
- The need for these support services continues to rise, making operations difficult for these non-profit organizations due to the lack of funding.

The BC Society of Transition Houses reported during this event that between November 30th and December 1st, 2022, 1,847 women, children, and youth were served by a Transition Society in BC. Devastatingly, 571 were turned away because of lack of capacity. Currently, 632 children and youth await to receive vital counseling services through the PEACE (Prevention, Education, Advocacy, Counselling and Empowerment) program. Meaning that these 632 children and youth who have experienced or witnessed violence in British Columbia, are unable to receive the immediate support they are asking for. 51 Executive Director of Ann Davis Transition Society, Patti MacAhonic, recalls one of the most memorable facts that was presented during the event, "This event was eye-opening for many. Though we work in the sector, the chilling numbers are still harrowing to share and hear. I was especially moved to learn the haunting statistic that, for every 1 NHL player that obtains a brain injury while playing hockey each year, 5,500 women obtain a brain injury from intimate partner violence."

The event concluded by urging attendees and the wider community to support the cause by signing the Change.org petition and sending a letter to the federal Minister of Women and Gender Equality and Youth and the federal Minister of Public Safety, advocating for increased funding to address the issues raised.

The "Women's Equity and a Link to Femicides in BC" event was well-attended and garnered participation from various stakeholders, including municipal and regional governments, law enforcement agencies, healthcare providers, and advocacy groups, with an attendance of over 80 working professionals. By raising awareness about the pressing issues of gender equity, domestic violence, and femicide, the event aimed to drive change and secure crucial funding for support services. The Ann Davis Transition Society continues to work diligently toward these goals, inviting individuals to sign the petition and join the movement to end violence against women and children.

WOMEN'S EQUITY AND THE LINK TO FEMICIDES IN BC

Guest Speakers and Panelists



**Kelli Dodson, MLA Chilliwack Kent
& Parliamentary Secretary
for Gender Equity**



**Amy FitzGerald, Executive Director,
BC Society of
Transition Houses**



**Gail Janes, Program Manager,
Murdered and Missing
Indigenous Women and Girls**



**Dr. Amanda McCormick, Associate Professor,
School of Criminology and Criminal Justice,
University of the Fraser Valley**

We formally invite you to join us for a
**Luncheon and Symposium in honour
of Victims and Survivors of Crime
Week 2023**

Location:
UFV's Gathering Place
45190 Coen Ave, Chilliwack
BC V2R 0N3

Date: Tuesday,
May 16, 2023

Time:
11:30am - 1:30pm

RSVP Now

Please click the link above to RSVP by Monday, May 8th, 5 PM

A symposium in honour of Victims and Survivors of Crime Week 2023. In 2022 the number of femicides doubled and there was a 37% increase in domestic violence cases in the province. Join us to raise awareness and discuss solutions to the ongoing threat of violence towards women and girls in BC. Lunch will be provided, allergies and dietary requirements will be accommodated where possible.



Pam MacAuliffe,
Executive Director,
Ann Davis Transition Society



Debra McCallum,
Cultural Advisor and Elder,
Ann Davis Transition Society



Carol Lewis,
Board of Directors President,
Ann Davis Transition Society



Susan Hyde-Kin, Vice-President,
Community Management,
University of the Fraser Valley

For any questions, please contact the Ann Davis Transition Society front desk by phone (604) 792-2760 or email info@annadavis.org

This is a partnership with Ann Davis Transition Society and the University of the Fraser Valley





Drive Thru Breakfast June 14th, 2023

Event Information:

We at the Ann Davis Transition Society are thrilled to host our 8th Annual Drive-Thru Breakfast. On June 14th, 2023, from 6:30 a.m. to 9:30 a.m. at Elements Casino, we accepted donations as the Chilliwack community drove through. For a minimum donation of \$10, people received a healthy, continental-style breakfast complete with juice and coffee. Inside each breakfast bag, you will find a selection of baked goods, fresh fruit, coupons for local businesses, and a chance to win fantastic prizes! Our team encouraged everyone to bring along a non-perishable food item to donate in addition to their minimum contribution. All proceeds from this event directly support our programs for women and children in the community. Every donation plays a crucial role in providing essential services to vulnerable individuals and ensuring that we can continue our important work at the Ann Davis Transition Society.



Amount Raised - \$10,920

Purple Light Night October 1st, 2023

Event Information:

October was Purple Lights Month, and we were happy to partner with other organizations in the sector for numerous events in the community. The tree lighting was very well attended this year, and it was an honor for our organization to speak once again about the issues of domestic and gender-based violence and the rising femicides in our province to raise awareness in our community. Thank you to the board members, staff, and volunteers who were able to attend.

Silhouette Locations

EACH SILHOUETTE REPRESENTS AN INDIVIDUAL AFFECTED BY INTIMATE PARTNER VIOLENCE. THE SILHOUETTES WERE CREATED BY INMATES AT FORD MOUNTAIN CORRECTIONAL CENTRE.

Chilliwack Firehall
Harvest Café

Wilma's Outreach and Counseling Centre
Ann Davis Outreach Centre
RCMP Community Policing Office
Probations Services Office
Chilliwack Community Services
MCFD Main Office on School Street
Chilliwack High School
Just Peachy Sugaring Salon
Ruth and Naomi's Outreach Centre
Sto:lo – Building #7
SAY building on Chilliwack River Road

*On each silhouette, there is a QR code that you can scan with your phone camera.
Once you open the link, you will be brought to a story submitted by a member in our community who's life has been impacted by intimate partner violence.*

PURPLE LIGHT NIGHTS WRIST BANDS & LIGHT BULBS PARTICIPATING LOCATIONS

FORTINS HOME HARDWARE
GARRISON LIQUOR
JOLLY MILLER
EAGLE LANDING LIQUOR
WILMAS TRANSITION SOCIETY
HONDA/MAZDA
LUNA FLOAT
KAURI CHIROPRACTOR
THRIVE COLLECTIVE
ANN DAVIS TRANSITION SOCIETY
COAST HOTEL
YARROW GENERAL STORE
CHILLIWACK COMMUNITY SERVICES
PAYTON AND BUCKLE
MARY'S ON WELLINGTON
HARVEST CAFÉ
THE BOOKMAN
AZZURI ITALIAN PASTICCERIA
JUST PEACHY
CHILLIWACK CRIME PREVENTION OFFICE
MLA OFFICE KELLI PADDON
YARROW – YARROW GENERAL STORE AND PERFECT DELI.

CHILLIWACK PURPLE LIGHT NIGHTS EVENTS

October 2023

- October 1st-10am-2pm: Information Table at Downtown Chilliwack Farmers Market
- October 3rd-7pm: Tree Lighting at Chilliwack RCMP Detachment
- October 7th-6pm: Information Table at The Chilliwack Collisem with The Chilliwack Chiefs
- October 14th-11am-2pm: Community BBQ with Like Bears at the Canadian Tire parking lot on Luckakuck Way
- October 27th: Information Table at The Longhouse



Coldest Night of the Year – February 24th, 2024



Amount Raised - \$40,074.11

Women's Expo – March 1st, 2nd & 3rd

Event Information:

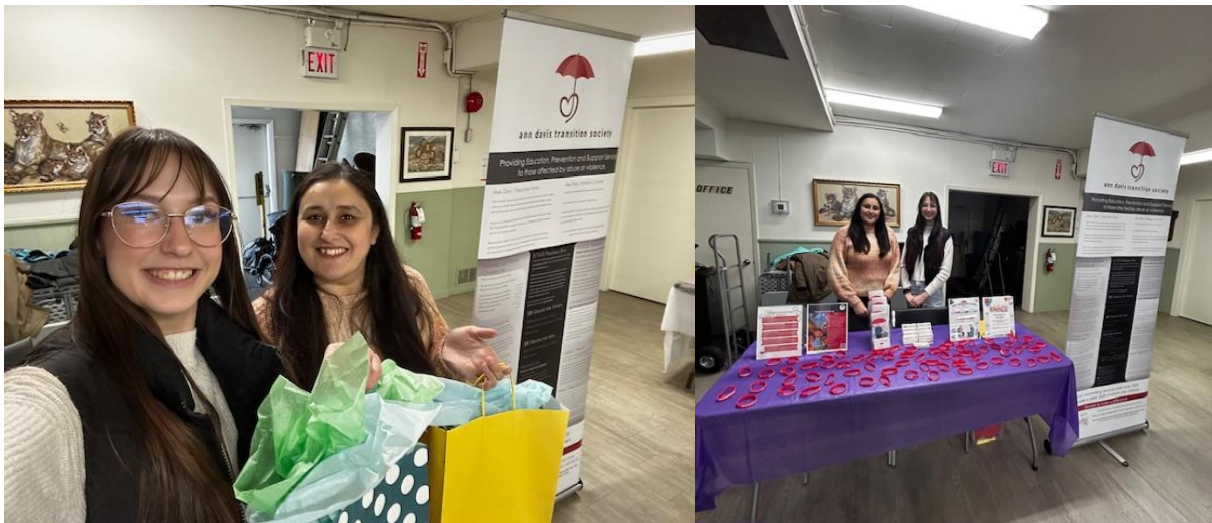
The Ann Davis Transition Society proudly showcased our services at the Women's Expo 2024, raising awareness of the support we provide to women and families in the Chilliwack community. We connected with attendees to share information about our vital resources, from shelter and counseling to empowerment programs. Together, we aimed to build a stronger, more supportive community for everyone!



International Women's Day – March 8th

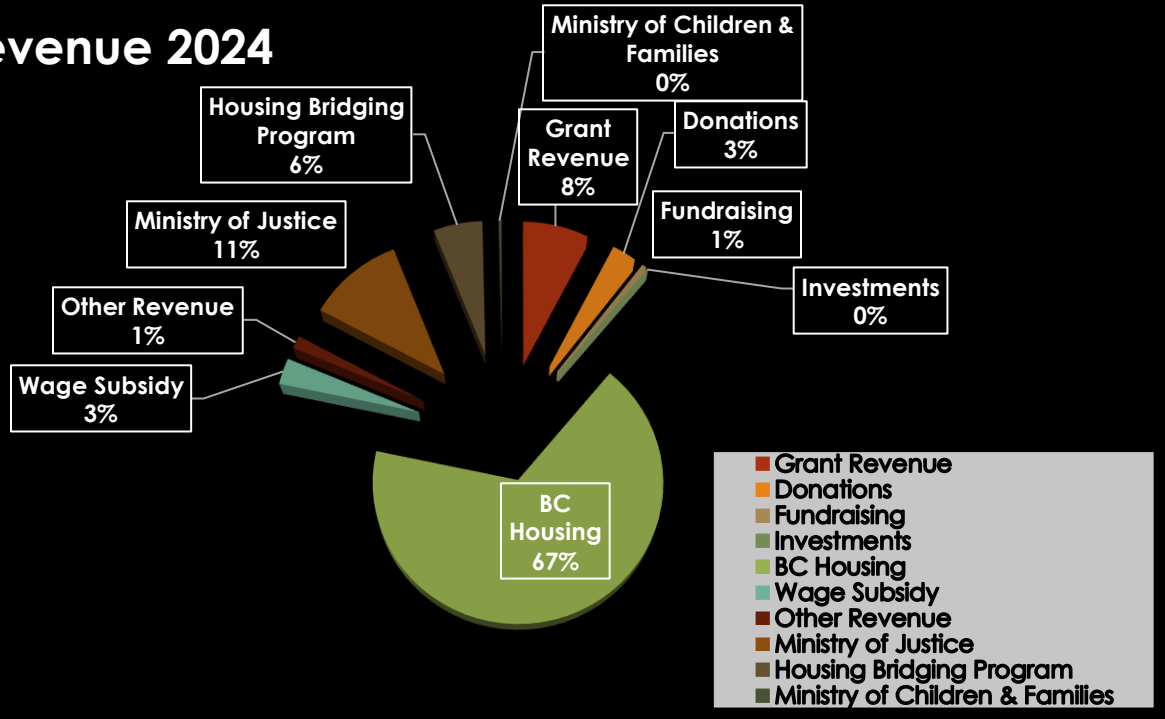
Event Information:

International Women's Day, celebrated on March 8th, honors the social, economic, cultural, and political achievements of women worldwide. It also serves as a call to action for gender equality and women's rights, highlighting ongoing issues such as discrimination and violence. The day fosters awareness and encourages advocacy for women's empowerment across all spheres of life.



ADTS Financial Report

Revenue 2024



Revenue 2023

